

Module Two

Introduction: Who am I? Who are we?

Session Guide

SESSION 1 Introduction: Who am I, Who are We?

Objectives

At the end of the session, the participants will be able to:

1. get to know each other informally;
2. discuss the need for communication;
3. trace the process of communication;
4. discuss the meanings generated by words they commonly use; and
5. define communication in their own terms.

Equipment/Materials Needed

Tray with assorted objects (pen, rocks, glass, flower, etc), cloth to cover the tray before the session begins

Duration: 1 hour 5 min (may need extending depending on numbers of participants)

Time	Trainer	Learners
5 min	Ask “what is communication?”	<ul style="list-style-type: none"> ▪ Participants respond briefly.
20 min	<p>Conduct “Who am I” activity</p> <ul style="list-style-type: none"> ▪ Bring out the tray and remove the cloth cover. Explain to the learners that they can examine and look at the different objects on the tray. They are to choose one object which they think reminds them of who or what they are. Tell them that they will be asked to explain why they think the object represents who or what they are when the group gathers again. If the group is small, the sharing can be done in plenary. If the group is large, divide the large group into small groups and the sharing can be done in small groups. A plenary may or may not be necessary, depending on the trainers’ assessment. 	<ul style="list-style-type: none"> ▪ Choose an object from the tray. ▪ Study the object quietly. ▪ Prepare to explain why object was chosen; how it reminds participant of who he is and what he does as an individual. ▪ Each participant talks for at least two minutes and explains the similarities he has found between himself and the object he has chosen
10 min	<p>Process the “Who am I” Activity</p> <ul style="list-style-type: none"> ▪ Ask the participants if they learned something new about themselves and about each other in the discussions on the similarities between them and the object they chose. Discuss the difficulty of doing such an exercise. What made it difficult? 	<ul style="list-style-type: none"> ▪ Participants share what they have discovered about themselves and what they have learned about the others while they were explaining why the object they chose is similar to them.
10 Min	<p>Conclude the activity by emphasizing the need for communication in human life</p> <p>Bring the discussion to the need for communication.</p> <ul style="list-style-type: none"> ▪ Why did we need to communicate with one another in the previous activity? ▪ What barriers might there be to successful communication? 	<ul style="list-style-type: none"> ▪ Discuss thoughts about communication. ▪ Discuss how a good communication can be established. ▪ Identify potential barriers to communication.
10 min	<p>Discuss the process of communication</p> <ul style="list-style-type: none"> ▪ Perception ▪ Intention ▪ Reflection ▪ Use of symbols <p>Discuss the different cultural modes of communication in Indonesia.</p>	<ul style="list-style-type: none"> ▪ Ask questions as needed. ▪ Give examples of perception, intention, reflection, and the use of symbols. ▪ Give examples of cultural differences or

Time	Trainer	Learners
	<p>How are Indonesians unique in their communication scheme?</p> <p>How can we make sure to avoid cultural or other misunderstandings when we communicate?</p>	<p>similarities.</p> <ul style="list-style-type: none"> ▪ Give examples of common communication misunderstandings.
10 min	<p>Summarize the points that emerged during the session:</p> <ul style="list-style-type: none"> ▪ getting to know each other informally; ▪ discussing the need for communication; ▪ tracing the process of communication; ▪ discussing the meanings generated by words they commonly use; and ▪ defining communication in their own terms. 	<ul style="list-style-type: none"> ▪ Review points learned in the session. ▪ Discuss new things they have learned about each other. ▪ Discuss the need for communication. ▪ Trace the process of communication. ▪ Discuss the meanings generated by words they commonly use.. ▪ Define communication in their own terms.